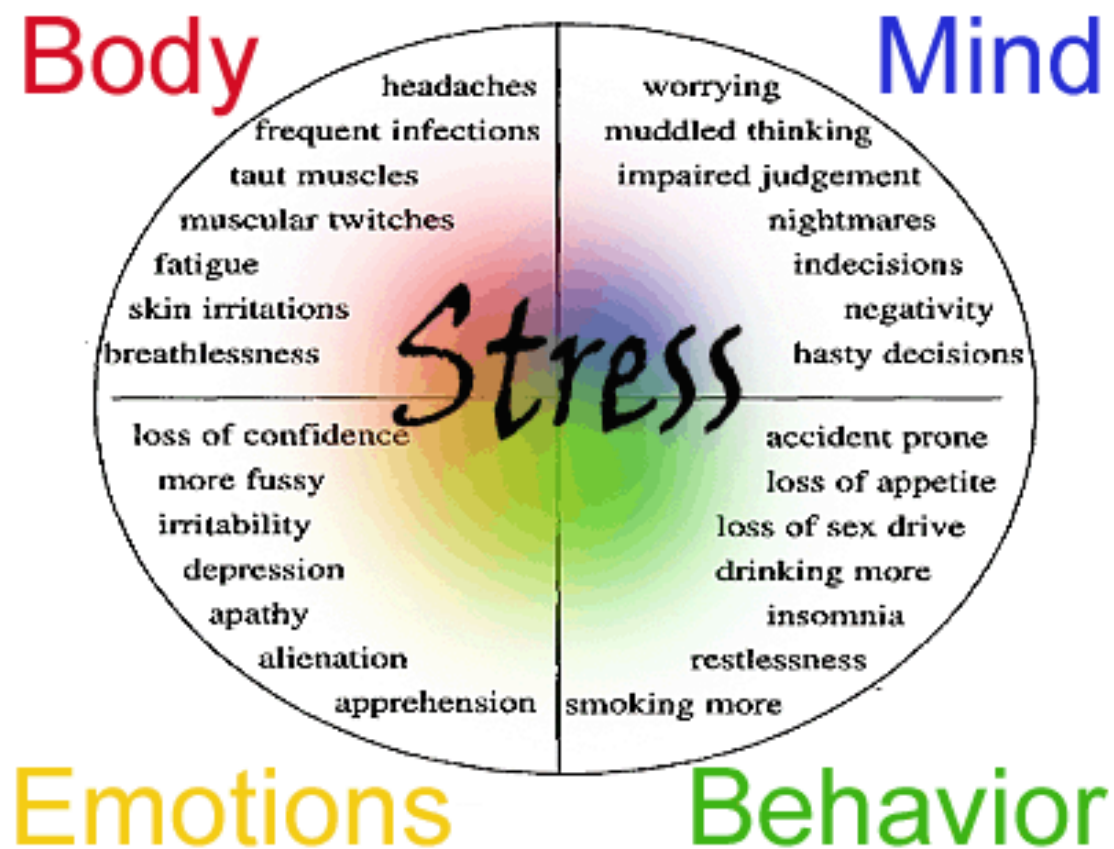


STRESS MANAGEMENT WORKSHOP

Are you 11-19 and already feeling bogged down with school/college and not sure how to handle this year ahead? If yes then attend this free activity to learn how to destress and manage the work load.

17th October at our new venue: One YMCA
Hatfield Connect Youth Hub 4pm-5pm



Venue Address: First Floor, The Triangle

Beaconsfield Court, Beaconsfield Road

Hatfield,AL10 8HU

Entrance via: Beaconsfield Road