

**Thursdays 12.45 – 2.45**

**15, 22 & 29 November and 6, 13 & 20 December 2018**

## **Getting on with your Pre-Teen & Teen**

**Family Lives, 15-17 The Broadway, Old Hatfield, AL9 5HZ**

Come and gain a new perspective on parenting your children by:

- Understanding your children's behaviour
- Helping your children manage their feelings
- Negotiating your way through conflict
- Understanding the challenges of parenting in the 21<sup>st</sup> century - "Why does my child do that?" - from risky behaviour online to the attraction of gangs

Contact Louise on 01163 666087 for more information or to book a place.

Professionals - please send completed referral forms direct via HertsFX to [support@familylives.org.uk](mailto:support@familylives.org.uk) and do not send personal data using an unencrypted email system. If you do not have a HertsFX account, contact [CSS@hertfordshire.gov.uk](mailto:CSS@hertfordshire.gov.uk) for assistance.

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