

**Thursdays 9.30 – 11.30**

**15, 22 & 29 November, 6 & 13 December 2018 and**

**10, 17 & 24 January 2019**

# **Bringing Up Confident Children for Parents of Children with Special Educational Needs**

**Family Lives, 15-17 The Broadway, Old Hatfield, AL9 5HZ**

Come and gain a new perspective on parenting your children by:

- Understanding your children's behaviour
- Helping your children manage their feelings
- Learning new strategies to address challenging behaviour
- Exploring helpful and unhelpful discipline strategies & how these can help make a difference in your family life

**Contact Louise on 01163 666087 for more information or to book a place.**

**Professionals - please send completed referral forms direct via HertsFX to [support@familylives.org.uk](mailto:support@familylives.org.uk) and do not send personal data using an unencrypted email system. If you do not have a HertsFX account, contact [CSS@hertfordshire.gov.uk](mailto:CSS@hertfordshire.gov.uk) for assistance.**

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