

**A daytime workshop  
for parent/carers**

**Facilitated by specialist  
ADHD/Autism Trainers  
from ADD-vance**



# **ADD-vance**

## **Understanding ADHD in Girls for Parent/Carers**

**Do you have a girl with a diagnosis or suspected diagnosis of ADHD?  
This introductory workshop is aimed at parent/carers of girls aged 5-16 years  
of age, with a diagnosis or suspected diagnosis of ADHD**

**This workshop is not relevant to anyone having attended ADD-vance ADHD in  
Girls training for parent/carers previously**

**The workshop will take place at 9.30 am - 12 pm  
on  
Wednesday 21st November 2018  
at**

**Hertfordshire Sports Village  
University of Hertfordshire de Havilland Campus  
Hatfield Business Park  
Hatfield  
AL10 9EU**

**Tickets cost £25 per person. Please book via Eventbrite:  
<https://www.eventbrite.co.uk/e/understanding-adhd-in-girls-for-parentcarers-tickets-51012009293>**

**Ticket price includes light refreshments, workshop learning pack, free parking and free  
use of the Herts Sports Village gym and swimming pool facilities on the day  
Places are limited, so please do book early to avoid disappointment!**

**For queries, please contact Andrea at [tickets@add-vance.org](mailto:tickets@add-vance.org)**

## **Who is this workshop for?**

Parent/carers of girls aged 5-16 years of age with a diagnosis or suspected diagnosis of Attention Deficit Hyperactivity Disorder (ADHD). **This workshop is not relevant for parent/carers who have attended ADD-vance ADHD in Girls training previously**

## **What are the Learning Outcomes?**

- Understand how ADHD presents specifically in girls
- Recognise the diagnostic criteria for ADHD
- Identify some strengths and difficulties faced by a girl with ADHD
- Discover some top tips for managing behaviour at home

## **What methods will be used at the workshop?**

Presentation, video clips and small group work

## **What will be provided?**

- Light refreshments
- Workshop learning pack
- Free use of the gym facilities and free swim at Hertfordshire Sports Village on the day Of the workshop
- Free parking

## **When and where will the workshop take place?**

Members Lounge, Hertfordshire Sports Village, University of Hertfordshire, De Havilland Campus, Hatfield Business Park, Hatfield AL10 9EU

On Wednesday 21st November 2018, from 9.30 am to 12 pm

## **How do I book a place?**

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For any queries, please contact Andrea at [tickets@add-vance.org](mailto:tickets@add-vance.org)

# **ADD-vance**

**The ADD-vance ADHD and Autism Trust**

**Working to support people with ADHD and Autism in Hertfordshire**

Foundation House, 2-4 Forum Place, Hatfield, Herts AL10 0RN

Helpdesk: 01727 833963 Email: [Herts@add-vance.org](mailto:Herts@add-vance.org)

Web: [www.add-vance.org](http://www.add-vance.org) Reg. Charity No. 1158968