

**A daytime workshop
for parent/carers**

**Facilitated by specialist
ADHD/Autism Trainers
from ADD-vance**



ADD-vance Understanding ADHD for Parent/Carers

**This workshop is designed to meet the needs of parent/carers
to help them build on existing skills in supporting children with ADHD**

**This workshop is not relevant to anyone having attended ADD-vance ADHD
training for parent/carers previously**

**The workshop will take place at 9.30 am - 12 pm
on**

Thursday 8th November 2018

At

Members Lounge

Hertfordshire Sports Village

University of Hertfordshire de Havilland Campus

Hatfield Business Park

Hatfield AL10 9EU

Tickets cost £25 per person

Please book via Eventbrite: <https://www.eventbrite.co.uk/e/understanding-adhd-for-parentcarers-tickets-50589942881>

**Ticket price includes light refreshments, workshop learning pack, free parking and free
use of the Hertfordshire Sports Village gym and swimming pool facilities on the day
Places are limited, so please do book early to avoid disappointment!**

For queries, please contact Andrea at tickets@add-vance.org

Who is this workshop for?

Parent/carers of children/young people aged 5-16, with a diagnosis or suspected diagnosis of Attention Deficit Hyperactivity Disorder (ADHD). **This workshop is not relevant for parent/carers who have attended ADD-vance ADHD training previously**

What are the Learning Outcomes?

- Understand what is ADHD
- Describe common myths and facts about ADHD
- Recognise the diagnostic criteria for ADHD
- Identify strengths and difficulties faced by a child with ADHD
- Discover top tips

What methods will be used at the workshop?

Presentation, video clips and small group work

What will be provided?

- Light refreshments
- Workshop learning pack
- Free use of the gym facilities and free swim at Hertfordshire Sports Village on the day
Of the workshop
- Free parking

When and where will the workshop take place?

Members Lounge, Hertfordshire Sports Village, University of Hertfordshire,
De Havilland Campus, Hatfield Business Park, Hatfield AL10 9EU

On Thursday 8th November 2018, from 9.30 am to 12 pm

How do I book a place?

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ADD-vance

The ADD-vance ADHD and Autism Trust Working to support people with ADHD and Autism in Hertfordshire

Foundation House, 2-4 Forum Place, Hatfield, Herts AL10 0RN

Helpdesk: 01727 833963 Email: Herts@add-vance.org

Web: www.add-vance.org Reg. Charity No. 1158968